

# 7 Steps to Mastery

ANYTHING YOU DON'T EMPOWER, SOMEONE ELSE WILL EMPOWER!

**SPIRITUAL** - What elevates your spirit?

**MENTAL** - What sort of a mental life do you want to have?

# 7 Steps to Mastery

**VOCATIONAL** - Purpose in your career?

**FINANCIAL** - Investment, savings plan.

# 7 Steps to Mastery

**PHYSICAL** - What will you do for your body?

**EXTRA NOTES**

# 7 Steps to Mastery

**SOCIAL** - Support and networking system

**FAMILIAL/RELATIONSHIPS** - What relationship quality do you want?